

# Greater Houston Area Meniere's ,vestibular Support Group

If you, a family member or a friend is interested in joining a Meniere's Support Group, contact Duane Miller @ 713-389-0520 or duanejmiller2013@yahoo.com

Support groups empower people to work to solve their own problems. We can work together to make Meniere's disease easier to deal with. Members can share information, keeping one another up to date on news of interest to them. Among people who are experiencing similar problems, there is a unique emotional identification that is different from the type of support that can be gotten from professionals. Members act as role models for each other. Seeing others who are contending with the same adversity and making progress in their lives is inspiring and encouraging.

